

A.S. Judo Academy
3a Plomer Green Avenue
Downley, High Wycombe,
Buckinghamshire HP13 5LN



Summer and Autumn Term 2017 Judo Classes at Chestnut Lane School

Dear Parents and Students,

Most students have had opportunity to attend a Judo Demo at school on Monday 22nd May 2017.

A.S. Judo Academy runs 4 classes every week at school. The Thursday lunchtime class is for Year 1 students only and runs from 12.30-1.00 pm and the Thursday after school class for year 2 students runs from 3.15-4.00 pm.

Older students are welcome to our 'open' Judo sessions which take place at Chestnut Lane on a Thursday from 4.15-5.15pm (4-8 year olds) and 5.15-6.15 pm(8-16 year olds).

I attach below the link to the registration for the Autumn Term Classes. If any student is keen to start their Judo experience before the Autumn Term or even current students wanting to progress their gradings, they are welcome 'on the mat' at any of our Camps or open sessions (the next camp is at St. Mary's school Amersham during the half term holiday running for 3 days from 9.00 am to 3.00 pm Tuesday to Thursday). Please look at our website at www.asjudoacademy.com for more information or enrolment. My Admin team are happy to answer any questions you may have on asjudoacademy@outlook.com.

Year 1

<https://www.participant.co.uk/asjudoacademy/participant/arrangement.aspx?id=202627>

Year 2

<https://www.participant.co.uk/asjudoacademy/participant/arrangement.aspx?id=202629>

We still have places left for the **Summer term** on all 4 classes and please contact Sarah or Hannah in the office if you wish to enrol for after the half term as they will offer a discount code for the remaining weeks.

We look forward to welcoming new Judoka on the mat after half term or in the Autumn Term

Kind Regards,

Alan Scott

Chief Instructor

Judo is a great way for children to gain positive mental and physical attributes in a fun friendly environment

Our Panda Cubs Program is specifically developed for kid's ages 4-7 years old. This professionally designed curriculum teaches the children important life skills in a fun, exciting, and enriching environment. Our warm, nurturing staff encourages and motivates each student to do his or her very best.

Emphasis is placed on positive reinforcement and the benefits of good behaviour. Each highly structured class incorporates age appropriate physical activity and co-ordination exercises along with basic judo skills aimed to improve your child's gross motor skills and positive mental attitude. These skills will help your child become a better student in school, a better listener at home, a better all-around athlete, and feel more ambitious towards his/her goals.