



## Spring Term 2018

Dear Parents and Guardians

A.S Judo Academy Ltd are delighted to once more offer the children of Chestnut Lane School the opportunity to attend our Lunch time and After school Judo clubs.

Judo is a very unique and dynamic sport that requires a variety of skills including self-discipline, control and co-ordination. It is an effective form of self-defence and a great confidence-booster for shy, timid children whilst also being a controlled outlet for the slightly more boisterous child. In addition, by attending one of our sessions, Judo will introduce attendees to a new foreign language and when combining these positive aspects, the end result is children gaining satisfaction and enjoyment from our lessons.

To book a place for your child/children, please visit our website by using the link below:

<http://asjudoacademy.com>

**Class Times:**

**Thursday: 12.30-1.00pm (Year 1 ONLY)**

**3.15-4.00pm (Year 2 ONLY)**

Classes will start on Thursday 11th January and run until Thursday 22nd March

**Please be advised that places are allocated on a first come, first served basis.**

If you have any questions, please feel free to contact me via email or telephone 07776 442963.

Kind Regards

Alan Scott  
Chief Instructor

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