

Chestnut Lane School Yoga Bears Years 1 and 2

Monday lunchtimes 12:00-12:30

Spring Term 2017

28 November 2016

Dear Parents/Carers of Year 1 and 2

With the end of the term fast approaching, the dates for the Spring yoga sessions at Chestnut Lane are in place. We plan to schedule Yoga Bears for Years 1 and 2 on Monday lunchtimes starting 9 January 2017. The 30 min sessions are held in the hall before lunch. The sessions are very light-hearted with stretching, balancing, some relaxation and learning a little about our bodies. No special equipment is required, just bare feet! The cost for the whole term is £35.00 for 10 sessions. If you would like your child to be included, kindly complete and return the slip below, together with a cheque (can be post-dated) made payable to Julie Kenwright before the end of term if possible. If you prefer to pay electronically, please contact me for bank details. Priority is given to existing *Yoga Bears*. Please get in touch with any questions. Thank you. Julie

Julie Kenwright (BWY Dip)

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Yoga Bears Spring Term 2017

Chestnut Lane School

Monday Lunchtimes 12:00-12:30

Name of Child..... Class.....

Relevant Medical Info/Special Needs.....

Tel. no/email address:.....

Signature.....Date.....