

**Chestnut Lane School Yoga Bears Years 1 and 2**  
**Monday lunchtimes 12:00-12:30**  
**Autumn Term 2018**

2 July 2018

Dear Parents/Carers of Year 1 and 2

With the end of the summer term not far away, the dates for next term's yoga sessions at Chestnut Lane are in place. We plan to schedule Yoga Bears for Years 1 and 2 on Monday lunchtimes starting Mon 10 Sep 2018. The 30 min sessions are held in the hall before lunch. The sessions are fun and light-hearted with stretching, balancing, some relaxation and learning a little about our bodies. No special equipment is required, just bare feet! The cost for the whole term is £44.00 for 11 sessions. If you would like your child to be included, kindly drop me an email and I will formulate a list giving priority to existing *Yoga Bears*. After confirmation of getting a place (which I will try to do as soon as I can), I would please ask you to fill in the form below and either pay electronically or send a cheque in to the school office together with the form, preferably by the end of term. Please do get in touch with any questions.

Thank you, Julie

Julie Kenwright (BWY Dip)  
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**Yoga Bears Autumn Term 2018 – Years 1/2**  
**Chestnut Lane School**  
**Monday Lunchtimes 12:00-12:30**

Name of Child .....

Class .....

Relevant Medical Info/Special Needs .....

Tel.: ..... Email address: .....

Signature .....Date .....