

Tea in a Box Ingredients and allergens

Meat Sausage Roll

M&S Large Sausage Roll

Ingredients

British Pork (35%), **Wheatflour** contains **Gluten** (with **Wheatflour**, Calcium Carbonate, iron, Niacin, Thiamin), Palm Oil, Water, Pork Lard, Pasteurised **Egg**, Butter (**Milk**) (2%), Salt, Potato Starch, Yeast Extract, Coarse Black Pepper, Dried Onions, Smoked Salt, Sage, Dried Thyme

Allergen Information

Contains Cereals Containing **Gluten**, Contains **Eggs**, Contains **Milk**, Contains **Wheat**

OR

Vegetarian Sausage Roll

Linda McCartney's Vegetarian Sausage Rolls

Ingredients

Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rehydrated Textured **Soya** Protein (25%), Water, Palm Oil, Onion, Flavouring, Rapeseed Oil, **Soya** Protein Concentrate, Salt, Stabiliser: Methyl Cellulose, Emulsifier: Mono- and Diglycerides of Fatty Acids

Allergen Information

May Contain Cereals Containing **Gluten**, Contains **Soya**, Contains **Wheat**

Allergy Information

May also contain other Cereals containing **Gluten**.

Dietary Information

Suitable for Vegetarians; Suitable for Vegans

Drink

CapriSun Orange

Ingredients

Water, Fruit Juices from Concentrate 12% (Orange 8.5%, Lemon, Lime), Sugar, Natural Orange Flavouring with other Natural Flavourings, Sweetener (Steviol Glycosides), Antioxidant (Ascorbic Acid)

Allergen Information

Free From Celery, Free From Cereals Containing Gluten, Free From Crustaceans, Free From Eggs, Free From Fish, Free From Lupin, Free From Milk, Free From Molluscs, Free From Mustard, Free From Nuts, Free From Peanuts, Free From Sesame, Free From Soya, Free From Sulphur Dioxide/Sulphites

Dietary Information

Suitable for Vegetarians; Suitable for Vegans; Gluten free

Standard Box:

Hula Hoops – Original

Ingredients

Potato (Potato Starch & Dried Potato), Sunflower Oil (24%), Rice Flour, Maize Flour, Salt, Potassium Chloride

Allergen Information

May Contain Cereals Containing **Gluten**, May Contain **Milk**

Dietary Information

Suitable for Vegetarians

Kit Kat

Ingredients

Sugar, **Wheat** Flour (contains Calcium, Iron, Thiamin and Niacin), **Milk** Powders (Whole and Skimmed), Cocoa Mass, Cocoa Butter, Vegetable Fats (Palm, Shea, Mango Kernel, Sal), Lactose and Proteins from Whey (from **Milk**), Whey Powder (from **Milk**), Butterfat (from **Milk**), Emulsifier (Lecithins), Yeast, Raising Agent (Sodium Bicarbonate), Natural Flavourings

Allergen Information

Contains **Milk**, Contains **Wheat**

Dietary Information

Suitable for Vegetarians

Healthy Box

M&S Mini Breadsticks

Ingredients

Wheatflour (contains **Gluten**), Extra Virgin Olive Oil (7%), Salt, Sugar, Yeast, Malted **Barley** Flour (contains **Gluten**), Flour Treatment Agent: Ascorbic Acid

Allergen Information

Contains **Barley**, Contains Cereals Containing **Gluten**, May Contain **Milk**, May Contain **Sesame**, Contains Wheat. Not suitable for **Milk** and **Sesame** allergy sufferers.

Dietary Information

Suitable for Vegetarians

Satsuma or Clementine