



CLS Wellbeing Vision: *'To ensure a safe environment with wellbeing at the heart, where everyone feels supported, heard, valued and empowered.'*

Chestnut Lane School's Wellbeing Strategy 2021-2025

Long-term Aims	Long-term CPD Programme
The children's needs are at the heart of decision making, encouraging their voices, and always listening to them. Everybody at Chestnut Lane School feels happy, included and safe.	<ul style="list-style-type: none"> ✓ Whole School Values & Long-term Aims Senior Mental Health Lead Training – Anna Freud
Everyone makes strong progress in their social and emotional development across the curriculum. Providing everyone with the tools to support their own physical and mental health, and to understand their impact on others.	<p>Pupil Wellbeing</p> <ul style="list-style-type: none"> ✓ EYFS 7 Features of Effective Practice & Personal Development ✓ Zones of Regulation (EYs) Zones of Regulation (for KS1) ✓ Bucks Mind – EYFS & KS1 Wellbeing & Mental Health Project ✓ Creating an Inclusion Friendly Classroom ✓ Unmasking Anxiety for Autistic Pupils
Personal development skills are built for life, ensuring independence, resilience and self-motivation for the future.	<ul style="list-style-type: none"> ✓ Developing Social Skills in the Primary School ✓ Child Mental Health Conference Communicative Friendly Environments Bereavement Support Working Effectively with Parents
All staff feel valued and have purpose in their work. They have the freedom to take risks, and are supported and developed to continue to learn and grow, allowing them to be pioneers in inspiring and engaging others.	<p>Staff Wellbeing</p> <ul style="list-style-type: none"> ✓ Looking After Your Most Precious Resource – Yourself ✓ Headteachers' Wellbeing ✓ PAM Assist ✓ Flexible Working in Education Adult Mental Health: Workplace Responder Pulse121/Supervision