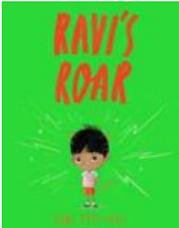
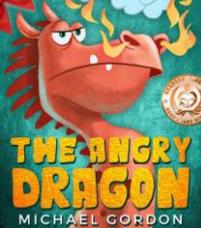
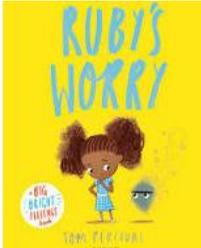
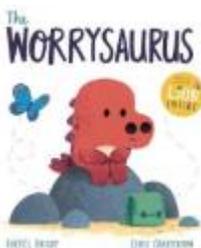
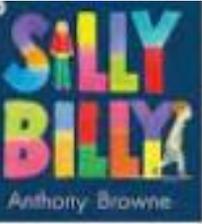
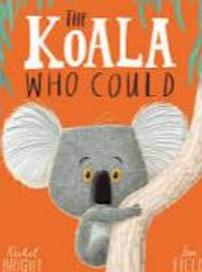
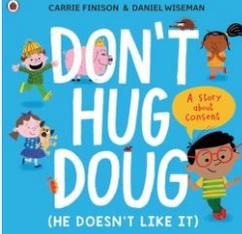
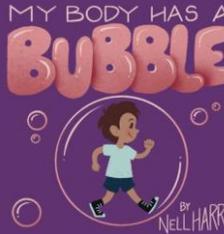
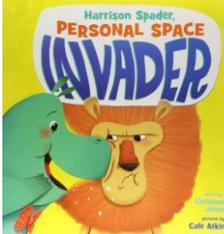




## Book Lists

Stories are also a great way for you, as parents/guardians, to address any emotion, which your child may be feeling. There are many books available to cover a range of different emotions at an age appropriate level. Here are a few suggestions of books we regularly use in school.

For more information see the 'Books Trust' website or ask your class teacher who will be happy to recommend books for a specific concern

<p>Anger</p>	<ul style="list-style-type: none"> <li>• 'Ravi's Roar' by Tom Percival</li> <li>• 'The Angry Dragon' by Michael Gordon</li> </ul>						
<p>Anxiety</p>	<ul style="list-style-type: none"> <li>• 'The Huge Bag of Worries' by Virginia Ironside</li> <li>• 'Ruby's Worry' by Tom Percival</li> <li>• 'The Worrysaurus' by Rachel Bright</li> <li>• 'Silly Billy' by Anthony Browne</li> <li>• 'The Koala Who Could' by Rachel Bright</li> <li>• 'My Monster and Me' by Nadiya Hussain</li> </ul>						
<p>Boundaries / Personal Space</p>	<ul style="list-style-type: none"> <li>• 'Don't Hug Doug' by Carrie Finison &amp; Daniel Wiseman</li> <li>• 'My Body has a Bubble' by Nell Harris</li> <li>• 'Harrison Spader, Personal Space Invader' by Christianne Jones</li> </ul>						



## Book Lists

<p>Exploring Emotions</p>	<ul style="list-style-type: none"> <li>• 'The Colour Monster' by Anna Lenas</li> <li>• 'The Lion Inside' by Rachel Bright</li> <li>• 'The Boy, the Mole, the Fox and the Horse' by Charlie Mackesy</li> <li>• 'Have You Filled a Bucket Today?' by Carol McCloud</li> <li>• 'Big Feelings' by Alexandra Penfold</li> <li>• 'How Are You Feeling Today?' by Molly Potter</li> <li>• 'The River' by Tom Percival</li> </ul>	
<p>Resilience</p>	<ul style="list-style-type: none"> <li>• 'Tilda Tries Again' by Tom Percival</li> <li>• 'The Dot' by Peter H Reynolds</li> <li>• 'The Girl Who Never Made Mistakes' by Mark Pett &amp; Gary Rubinstein</li> <li>• 'The Most Magnificent Thing' by Ashley Spires</li> <li>• 'The Beautiful Oops' by Barney Saltzberg</li> </ul>	
<p>Sadness</p>	<ul style="list-style-type: none"> <li>• 'The Heart and the Bottle' by Oliver Jeffers</li> <li>• 'When Sadness Comes to Call' by Eva Eland</li> <li>• 'Sad Book' by Michael Rosen</li> <li>• 'Willy and the Cloud' by Anthony Browne</li> </ul>	
<p>Social Skills</p>	<ul style="list-style-type: none"> <li>• 'Meesha Makes Friend' by Tom Percival</li> <li>• 'The Squirrels Who Squabbled' by Rachel Bright</li> </ul>	