



**PLAYBALL BUCKS are delighted to be offering Playball After School Club for RECEPTION and YEAR 1 for the SPRING TERM 2023**

MONDAY 9<sup>TH</sup> JANUARY to and including MONDAY 20<sup>TH</sup> MARCH  
(excluding 13<sup>TH</sup> FEBRUARY)  
from 3:15 – 4:00pm  
£75.00 (10 sessions at £7.50 a session)

Numbers are limited and will be allocated on a first come first basis

**If you would like to sign up or have any questions about classes or camps please contact Emma Balding at [emma.holmes@me.com](mailto:emma.holmes@me.com) 07968 706835**

**PLAYBALL – Foundation Stage Sports Specialists**

We, at Playball, believe that creating a *positive attitude* towards sport and physical activity at an early age is the key to lifelong participation.

Playball offers a multi-skill programme of sports activities, fundamental movement skills and games for children aged 2-9 years.

We break down the components of 8 major ball sports (rugby, netball, football, hockey, tennis, cricket, volleyball and basketball) and teach the 8 manipulation skills in a fun and active learning environment.

The 8 manipulation skills being:

- 1 Catching (4 types)
- 2 Kicking (4 types)
- 3 Throwing (x6)
- 4 Hitting (x5)
- 5 Bouncing
- 6 Heading
- 7 Dribbling (x3)
- 8 Trapping (x2)

Our action-packed lessons will immerse your children in fun, age-appropriate, high quality games and activities, ensuring that they have a positive experience with us and enjoy every minute of being physically active!

