

**Chestnut Lane School Yoga Bears Year 1**

**Monday lunchtimes 12:45-13:15**

**Autumn Term 2021**

12 July 2021

Dear Parents/Carers of Year 1

**Yoga Bears: Monday Lunch-Time:**

It has been wonderful to get back to a sort of 'normal' at Chestnut Lane School and this term is sadly nearly at an end. We will be re-starting Yoga Bears for Year 1 from Monday 13 September next term. The 10 x 30 min sessions will be held in the hall at lunch-time on Mondays. The sessions are fun and light-hearted with stretching, balancing, some relaxation and learning a little about our bodies. No special equipment is required, just bare feet! All sessions will be COVID-compliant. The cost for the whole term is £50 for 10 sessions. If you would like your child to be included, kindly drop me an email and I will put a list together. After confirmation of getting a place, I would then please ask you to fill in the form below and either pay electronically or send a cheque in to the school office together with the form, as soon as possible. Please get in touch with any questions.

Regards and Namaste

Julie

Julie Kenwright (BWY Dip)

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**Yoga Bears Autumn Term 2021 – Year 1**

**Chestnut Lane School**

**Monday Lunch-times 12:45-13:15**

Name of Child .....

Class .....

Relevant Medical Info/Special Needs .....

Tel.: ..... Email address: .....

Signature .....Date .....

**Chestnut Lane School Yoga Bears Year 2**

**Monday lunchtimes 12:00-12:30**

**Autumn Term 2021**

12 July 2021

Dear Parents/Carers of Year 2

**Yoga Bears: Monday Lunch-Time:**

It has been wonderful to get back to a sort of 'normal' at Chestnut Lane School and this term is sadly nearly at an end. We will be re-starting Yoga Bears for Year 2 from Monday 13 September next term. The 10 x 30 min sessions will be held in the hall at lunch-time on Mondays. The sessions are fun and light-hearted with stretching, balancing, some relaxation and learning a little about our bodies. No special equipment is required, just bare feet! All sessions will be COVID-compliant. The cost for the whole term is £50 for 10 sessions. If you would like your child to be included, kindly drop me an email and I will put a list together. After confirmation of getting a place, I would then please ask you to fill in the form below and either pay electronically or send a cheque in to the school office together with the form, as soon as possible. Please get in touch with any questions.

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**Yoga Bears Autumn Term 2021 – Year 2**

**Chestnut Lane School**

**Monday Lunch-times 12:00-12:30**

Name of Child .....

Class .....

Relevant Medical Info/Special Needs .....

Tel.: ..... Email address: .....

Signature .....Date .....