



Dear Parents,

We are excited to announce our after-school fitness classes at **Chestnut Lane School** for the **Summer Term 2025!** These sessions are designed to promote physical fitness, develop coordination, and build confidence in a fun and supportive environment.

[www.focus-fitness.co.uk/about-us/](http://www.focus-fitness.co.uk/about-us/)

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## Session Details

**Tuesday, 29th April to Tuesday, 8th July**

**(Break: 27th May - School Holiday)**

**Time:** 3:15pm - 4:15pm

**Sessions:** 10

**Cost:** £8.50 per session

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## Why Join?

These fitness sessions are tailored to provide a well-rounded workout for students, helping to improve:

- Physical health
  - Teamwork and social skills
  - Confidence and self-discipline
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## How to Secure a Place

To register your child for the program, please [Click Here](#) to secure their spot. Spaces are limited, so early booking is recommended!



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## **Payment Information**

If you have already set up a Direct Debit, your payment will be processed automatically. If you wish to cancel, please notify us in advance.

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We are looking forward to seeing your child in class this term. Please don't hesitate to reach out with any questions.

Kind regards,  
**Team Focus Fitness**