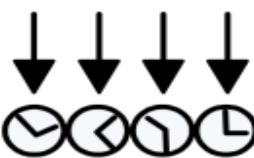
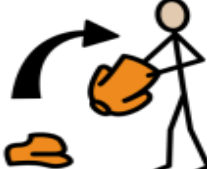


Toileting At Home Tips

1			
	visit the toilet	learn to flush	learn to sit
2			
	have a routine	after waking up	after meals
3			
	move away from nappies	feeling wet	stay positive
4			
	dress for success	no belts	no onesies
5			
	toilet dance	wiggling	squatting
6			
	practise independence	dress yourself	wash hands
7			
	encouragement	praise	stay calm